

2026 Kingston Regional Heritage Fair Theme

Project Suggestions for the 2026 Theme

The theme for Kingston Regional Heritage Fair 2026 is: “**Because of Them, I Am/Grâce à eux, je suis...**” As always, KRHF aims to be inclusive and non-restrictive with our yearly theme, and so there are many ways a student could choose to interpret this statement! Some examples are:

- **Because of them** (personal ancestor), **I am** (living a different life than I would otherwise)
- **Because of them**(activist/protestor/suffragette/political figure), **I am** (enjoying rights and freedoms I would not otherwise have)
- **Because of them** (inventor), **I am**(experiencing opportunities or advantages not possible before)
- **Because of them** (architect), **I am**(going to school in a building/living on a street that...)
- **Because of them** (soldier/military group), **I am** (living in a country that is...)
- **Because of them** (local historical figure/group/movement), **I am** (living in a community that...)
- **Because of them** (negative historical figure/period/developmet), **I am** (notable to...)

What our judges will be looking for is a connection between PAST and PRESENT, and an understanding/analysis of the SIGNIFICANCE or IMPACT of their topic. How would life be different (for them personally, or for our community/country in general) without this person/development?